

# Alabama Teens and

# Driving Safety

## TIPS FOR ADULTS WHO WORK WITH TEENS

- Be an example of a safe and courteous driver (i.e. avoid speeding, do not use cell phone while driving).
- Organize activities to limit the number of teens traveling together in a car.
- If activities require multiple cars, have an adult drive the lead car to control speed.
- Avoid activities that encourage teens to drive recklessly (i.e. races, scavenger hunts).
- Structure activities so that teens will not drive on little sleep.
- Provide transportation to out of town activities.
- Encourage teens to set a safe driving example for their peers.
- Sponsor a defensive driving class or bring in speakers from local police or fire departments to share experiences and tips.

