

# Alabama Teens and

# Driving Safety

## TIPS FOR TEENS

- Always wear your seatbelt and require all passengers to buckle up.
- Adjust your seat and mirrors for clear visibility before starting the vehicle.
- Limit the number of passengers in your vehicle based on your driving experience and the number of working seatbelts.
- Pay attention to other vehicles and pedestrians, and always obey traffic lights, road signs, and pavement striping.
- Obey posted speed limits.
- Do not multitask while driving, and avoid distractions such as talking on a cell phone, texting, and excessive noise.
- Treat driving as a serious responsibility and never use it as an opportunity to show off.
- Never drink and drive.
- Obtain clear directions ahead of time or use a preprogrammed GPS.
- Adjust driving for inclement weather.

